



Reg No: 2000/040000/23
 Vat # : 4540189323
 Black Horse Centre
 Cnr Dorp and Mark Street
 Stellenbosch
 7600

E-Bike Cape Explorer Tour

This unique E-Bike tour cycles to many of the highlights of the Western Cape. The tour can be booked as a whole or in sections of the tour. Beautiful guesthouse accommodation including breakfast, and lunches at beautiful wine estates along the way are included in the itinerary.

Mornings are set out to explore the magnificent scenery by E-Bike. The afternoons are available to relax or do some optional activities.

NB. Riders need to have intermediate mountain biking skills to do the tour and a general fitness level is required.

Itinerary

Day 1 SUNDAY : Cape Town - Cape of Good Hope



Collection in Stellenbosch and Cape Town. We will then depart to the Cape of Good Hope Nature reserve via Hout Bay and the well known Chapman's Peak drive. In the Cape of Good Hope Nature Reserve we will unload the bicycles for our first ride.

Cycle through Fynbos and beautiful beaches with your guide. On the ride you will have a good chance to spot antelope like Bontebok, Eland, Zebra and probably the famous Chacma Baboons of Cape Point. Visit the lighthouse and Cape of Good Hope, the most South Western tip of the African Continent.

After the ride we will load the bikes and drive to our magnificent lunch spot overlooking the beautiful False Bay. After lunch we have the option to visit the Boulders Beach Penguin Colony before heading to the Stellenbosch winelands.

Dinner can be had at any of the great restaurants and bars in easy walking distance from your hotel in the Historic Stellenbosch town.

Day 1 Route Info	
<i>Distance :</i>	<i>Approximately 25- 30 km</i>
<i>Elevation:</i>	<i>Approximately 253 m</i>
<i>Road:</i>	<i>Tarmac and some gravel roads 500 m beach traverse</i>

<i>Ride duration:</i>	<i>Approximately 3 hours including some time to explore lighthouse.</i>
<i>Skill level :</i>	<i>Beginner</i>

Meals included: Lunch

Day 2 MONDAY : Stellenbosch - Jonkershoek nature reserve and wine farms

(Clients starting their tour today will be collected at their Guesthouse in Stellenbosch or need to meet us at our office in Stellenbosch between 8:00 and 8:30.)



We will start our cycle from the Guesthouse and head out through the beautiful historic town of Stellenbosch before reaching the UNESCO world heritage site of Jonkershoek Nature Reserve. Explore beautiful vistas of the whole valley and beyond. Some really fun trails also await us during our ride with sightings of Baboons, Duiker and Porcupines not out of the ordinary. Stop for lunch on a magnificent wine estate and relax after the mornings ride with a glass of Vino and some good South African cuisine. After lunch we will head back to the guesthouse to freshen up. The afternoon can be spent at leisure exploring the town, relaxing or going on the Vine Hopper wine tour.

Evening dinner on own account at any of the great restaurants in Stellenbosch town within walking distance of your accommodation. Your guide will certainly give some good suggestions according to what you would like to eat.

Day 2 Route Info	
<i>Distance :</i>	<i>Approximately 35-40 km</i>
<i>Elevation:</i>	<i>Approximately 780 m</i>
<i>Road:</i>	<i>Mostly MTB trails and jeep track. Short stretches of Tarmac</i>
<i>Ride duration:</i>	<i>Approximately 3 hours</i>
<i>Skill level :</i>	<i>Intermediate</i>

Day 1 Optional Activities	
Vine Hopper Hop on Hop of wine tour	R 320 pp
Historic walk of Stellenbosch	R 150 pp
Clay Pigeon Shooting	R 350 pp

Meals included: Breakfast and Lunch on a wine estate

(Clients doing 2 day Cape Town and Stellenbosch option will get transport back to Cape Town at 17:30)

Day 3 TUESDAY : Cycle to Franschoek



Today we cycle to the neighboring winelands town of Franschoek.

We will cycle mostly off road over the Helshoogte Pass, a route used by the first Dutch and French families who settled here in 1688. Enjoy fantastic views and sites along the way. Learn about small mission stations and local people living in the Banhoek Valley. Get a chance to spot Eland and Blue Wildebeest as we cycle along multiple mountain streams in the Banhoek Conservancy.

Enjoy lunch on a Franschoek Wine estate and have some time to explore the town.

The afternoon we will depart to our Glamorous Camping spot in the Elgin Valley. We will see the amazing Franschoek Pass, Theewaterskloof dam and much more.

An optional activity for the afternoon is the Cape Canopy Tour Zipline adventure. Those not doing the Zipline can be taken to our accommodation in luxury tents in a beautiful setting on a hill top. Unique swimming pools with great views! Tonight dinner is included in the form of a traditional South African Braai around a big camp fire.



Day 3 Route Info	
Distance :	<i>Approximately 40</i>
Elevation:	<i>Approximately 867 m</i>
Road:	<i>Mostly jeep track and MTB trails, approximately 15 km of tar road</i>
Ride duration:	<i>Approximately 3 hours</i>
Skill level :	<i>Intermediate</i>

Day 1 Optional Activities	
Cape Canopy Zipline Tour	R 895 pp

Meals included: Breakfast, Lunch on a wine estate, Dinner (South African Barbecue)

Day 4 WEDNESDAY : Cycle Elgin towards Hermanus



This morning we embark on a great day of cycling through plantations, winelands and along an old railway track through small towns and rural villages towards Hermanus.

End the days ride on the manicured trails of the Hemel and Aarde valley with its many beautiful wine estates. We will enjoy lunch after the ride in Hermanus before you will have time to explore this quaint seaside village or do some optional activities.

Late afternoon we will depart back to Cape Town via the beautiful Clarence drive with magnificent sea views.

Day 4 Route Info	
Distance :	<i>Approximately 50</i>
Elevation:	<i>Approximately 817 m</i>
Road:	<i>Mostly jeep track and MTB trails, approximately 5 km of tar road</i>
Ride duration:	<i>Approximately 4 hours</i>
Skill level :	<i>Intermediate</i>

Day 1 Optional Activities	
Whale watching	R 800 pp
Sea Kayaking	R 450 pp
Enjoy Voelklip beach	-----

Meals included: Breakfast and Lunch



(Optional Day 5) THURSDAY : Shark Cage Diving in Gansbaai

For those who would like to go Shark Cage Diving, we will arrange accommodation and a Shark Cage diving in Gansbaai. Collection will be at the Hotel and transport to Gansbaai included (30 min drive). Here you will have the unique experience to come eye to eye with the majestic Great White Shark. Going Great White Shark Diving in South Africa is a combination of

goosebump thrills, education and relaxation on a luxury boat in the company of experienced staff and researchers that are experts in their field of marine biology.

After the dive you will be transport back to Cape Town.

Rate Sheet	Description	Rate
Day 1 and 2 only	Cape Point and Stellenbosch Jonkershoek Ride Transport back to Cape Town or Stellenbosch end of day 2	R 5 980 pp sharing
Day 3 and 4 only	Stellenbosch to Franschoek and Hermanus. Transport back to Cape Town or Stellenbosch	R 6 690 pp sharing
Day 2, 3 and 4 only	Jonkershoek, Stellenbosch to Hermanus Transport back to Cape Town or Stellenbosch	R 10 150 pp sharing
Day 1 -4	Full tour Cape Town to Hermanus Transport back to Cape Town or Stellenbosch	R 13 800 pp sharing
Add on Day 5	Shark Cage Dive and accommodation add on. Transport back to Cape Town	R 4 570 pp sharing
Day 3 Day Tour	Day E-Bike ride from Stellenbosch to Franschoek. Lunch in Franschoek and time in town. Transport back to Cape Town or Stellenbosch after your lunch in Franschoek	R 1 950 pp incl transp to Stellenbosch

Included

- E- Bike and Guide
- Back up vehicle and trailer for luggage and bikes
- Accommodation as specified
- Breakfast and Lunches, 1 braai dinner on day 3.

Excluded

- Dinners (Except day 3 dinner is included)
- Optional activities
- Items of personal nature

What to Bring

- Cycling Pants and gloves
- Your own cycling shoes if you want to use cycling shoes, otherwise normal trainers
- Day Backpack or Camelbag for cycling
- Comfortable clothes and shoes or sandals for afternoons. Swim costume.
- 1 rain jacket and 1 warm top and jeans
- Sunscreen, sunglasses and hat and Buff

Notes:

- Tour departs on SUNDAYS with a minimum participation of 4 pax.
- For group bookings any departure day can be arranged depending on availability
- Even though every effort will be made to run itinerary as above, please be advised that the itinerary is subject to availability and weather conditions and might have to change if needed to ensure our clients safety.
- If there is no availability at the Glamping Accommodation on night 3, alternative Guesthouse accommodation in the area will be arranged and this will be confirmed at time of booking.

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